



V1.2U

USER'S MANUAL

Exercise Bike Series

US

NEW BIKE



DA6U(DX6UA)



DA6R(DX6RA)



Be sure to read the manual before using the product in order to use safely and correctly. Please keep user manual at a place to be available easily.

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1 GETTING STARTED

SAFETY INSTRUCTIONS

Please read and fully understand this user manual prior to using this machine. Please keep this manual in a safe and handy place for future reference.

Failure to adhere to the following could potentially void your warranty.



Warning

Always disconnect power supply when servicing/cleaning or during extended periods of non-operation of this exercise equipment.

Do not attempt to disassemble this exercise equipment.

Only authorized service providers may service this equipment.

Do not operate this exercise equipment if damaged or if any abnormal noises are heard.

Please Contact DRAX INC. Customer Support Center for assistance.



Caution

- The owner of exercise equipment must inform all users of the safety instructions and correct operating procedure for this exercise equipment.
- Always operate the exercise equipment in accordance with the supplied instructions.
- Always ensure that this exercise equipment is installed on flat level ground prior to operation.
- Always ensure that this exercise equipment installed in a low humidity and low dust environment.
- Do not operate this exercise equipment prior to proper installation.
(Please refer to installation instructions)
- Always ensure that children and pets are kept off this exercise equipment.
- The maximum user weight supported by the exercise equipment is 150kg.(330lbs)
- Never allow more than one person on this exercise equipment at any one time.
- Always wear appropriate clothing and footwear when using this exercise equipment.
Do not wear baggy loose clothes.
- Always ensure that the machines power cord is neatly wrapped up and protected from being walked on, pinched or damaged in anyway.
A damaged power cord has the potential to cause an electrical shock or fire.
- Do not remove the plug by pulling on the cord and do not handle the plug with wet hands.
This could result in electric shock, fire or damage to the cord and equipment.
- Do not allow uncontained food or drink on or near this exercise equipment.
- Regularly inspect this exercise equipment to ensure safe operation.

SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.

2 INSTALLATION

PRECAUTIONS _

- (1) Always ensure that this exercise equipment is installed on flat level ground and feet are leveled and locked into place prior to operation.
- (2) Always only use the grounding type power cord that is supplied with the exercise equipment.

PART NAME _

Up Right Bike



- | | | |
|------------------------|-------------------|-------------------|
| ① Display | ② Operation Panel | ③ USB & Earphone |
| ④ Touch type Heartrate | ⑤ Console Column | ⑥ Console |
| ⑦ Cup Holder | ⑧ Foot | ⑨ Pedal |
| ⑩ Saddle | ⑪ Saddle Lever | ⑫ Operation Panel |

Recumbent Bike



- | | | |
|------------------------|-------------------|-------------------|
| ① Display | ② Operation Panel | ③ USB & Earphone |
| ④ Touch type Heartrate | ⑤ Console Column | ⑥ Console |
| ⑦ Cup Holder | ⑧ Foot | ⑨ Pedal |
| ⑩ Saddle | ⑪ Saddle Lever | ⑫ Operation Panel |

HOW TO ASSEMBLE/INSTALL _

Up Right Bike

Unpack the exercise machine from the transport packaging and remove all rubbish.

Lay all of the components out in a clear manner and check that you have all of the components shown below if any of the components are missing please contact DRAX INC. Customer Support Center.

Connect the console communication wires together and slide the console column onto the body of the bike. secure the column to the bike frame with the three bolts supplied.

Attach the pedals to the crank arms paying particular attention to the left hand and right hand threads.

Fit the seat saddle onto the seat post using the bolts provided.

The machine can be moved into place by lifting the rear of the bike and rolling it on its front wheels.

Once in place level the bike with the adjustable levelling feet and lock the feet into place.

Plug the bike into power using the cable provided.

Ensure that the cable is protected from being walked on, pinched, or damaged in any way.

Recumbent Bike

Unpack the exercise machine from the transport packaging and remove all rubbish.

Lay all of the components out in a clear manner and check that you have all of the components shown below if any of the components are missing please contact DRAX INC. Customer Support Center.

Connect the console communication wires together and slide the console column onto the body of the bike. secure the column to the bike frame with the three bolts supplied.

Attach the pedals to the crank arms paying particular attention to the left hand and right hand threads.

Remove the rear side shrouds from the frame of the bike and then slide the recumbent seat assembly onto the seat rail. Connect the heart rate pulse plate wiring to the centre of the seat rail.

Fit seat rail limit bolt to the side of the rail and reassemble the rear side shrouds.

The machine can be moved into place by lifting the rear of the bike and rolling it on its front wheels.

Once in place level the bike with the adjustable levelling feet and lock the feet into place.

Plug the bike into power using the cable provided. Ensure that the cable is protected from being walked on, pinched, or damaged in any way.

CHECK OPERATION _

AfterAfter checking that all bolts are tight, sit on the seat and check that it moves smoothly throughout the entire range and locks into place in various positions throughout the seat range.

Start pedalling the bike and check the following ...

Console screen lights up and all console functions are working.

When resistance is increased, check that the load on the pedals increases accordingly.

Check the contact heart rate by firmly holding the contact pulse plates and watching the console for a heart rate display.

Check for smooth peddling motion and for any abnormal noises or looseness in the cranks.

NOTE : Please Contact DRAX INC. Customer Support Center for assistance.

3 HOW TO USE

HOW TO ADJUST THE SADDLE

To determine the correct saddle position the users knees should retain a slight bend with the pedal at its furthest position and their hips remain relatively stable whilst peddling.

If the users hips are excessively rocking the seat is positioned to far from the cranks.



① Saddle

② Saddle Lever

③ Pedal

④ Pedal Strap

(1) UPRIGHT BIKE

To raise the seat height, support your body weight with your legs on the pedals, grasp anywhere underneath the seat and lift. To lower the seat, support your body weight with your legs on the pedals reach under the front of the seat and pull the yellow handle and lower the seat to your desired position.

(2) RECUMBENT BIKE

To adjust the seat, pull up the seat adjustment lever and slide the seat guide to the desired position. Release the lever and slide the seat guide back and forth slightly until it locks into position.

(3) HOW TO ADJUST THE PEDAL STRAPS

To adjust the pedal straps, first pull the end of the straps off the tabs on the pedals. Adjust the straps to the desired positions, and then press the straps back onto the tabs.

DISPLAY AND CONSOLE OPERATION PANEL _



- | | | |
|-----------------|--------------------|------------------------|
| ① Main Screen | ② Exercise Display | ③ USB Multi media Port |
| ④ Earphone Jack | ⑤ Program Button | ⑥ Control panel |

① Main Screen

Displays TV / Internet / Screen-mirroring / Workout Programs etc.

② Exercise Display

Displays critical workout metrics, Time / Distance / Level / Calories / Heart rate etc.

③ USB Multi media port

Plug a USB flash drive in and enjoy watching your very own movies, music videos, or photos on the machines large display screen.

④ Earphone Jack

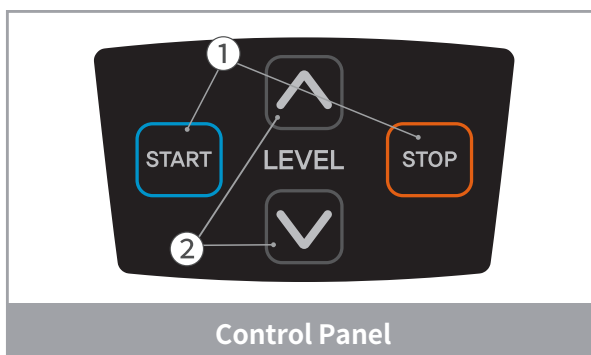
Plug in your headphones or earphones to listen to what ever you are watching on the screen.

⑤ Program Button

- Program : Toggle between and select a preset exercise program.
- Power : Switch the main screen on and off.
- MENU : You can select T V, USB, video, etc. to connect with the product.
- Mirroring : Mirror your Android or IOS device screen directly to the machines main screen.
- OK : OK Button
- CANCEL : Cancel Button
- CH ∨ ∧ : TV Channel Change-Button
- VOL < > : Volume Change-Button

CONTROL PANEL _

DX3R, DX3U, DX6R, DX6U



Control Panel



Control Panel

① START/STOP Button

② Level Adjust Button

① START/STOP Button

Used to start and stop the exercise program.

② Level Adjust Button

Used to adjust the resistance level up and down when exercising.

[^ : High intensity, v : Low intensity]

DX3R / DX3U



Load Control Button



Load Control Knob

① Load Control Knob

① Turn the load control Knob clockwise and anti-clockwise to increase and decrease exercise resistance.

4 FUNCTION OF PROGRAM

MAIN SCREEN

Android Version : Comes preloaded with various functions such as TV, video, internet, virtual tour etc.



TV

Enjoy watching free to air TV.

Once TV is selected, either touch the screen and use 'CH +/-' or alternatively use the 'CH ▲/▼' hard buttons located on the operating panel to scroll through the available channels.

VIDEO

Enjoy watching your own movies/shows or music videos by plugging your USB flash drive directly into the provided USB slot below the screen.

WORKOUT

Choose one of many available preset workout programs to help you achieve your fitness goals.

INTERNET

Enjoy surfing the web, watching Youtube, or checking in to your social media directly on the machines main screen.

VTOUR

Enjoy running through a number of virtual cities that are stored within the machine.

MIRRORING

Enjoy mirroring your Android or IOS device screen directly to the machines main screen.

GO

For a quick no fuss get on and start exercise option, simply hit the Go button and get started.

Language

Use this button to change the screen language. You can also select a default startup language for when the machines power is cycled.

SETUP

You can set up the equipment function.



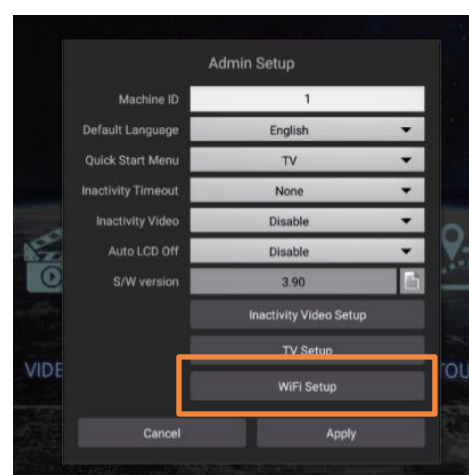
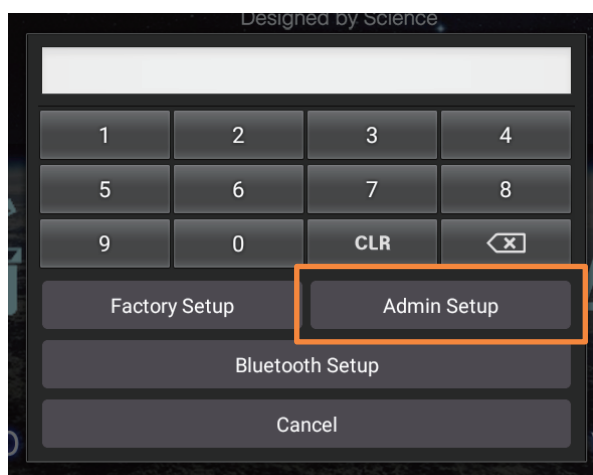
Caution

Incorrect SETUP settings may cause the system to malfunction.

Wi-Fi SETUP _

1. Press “SETUP” button located in the bottom right hand corner of the main screen.
2. Press ‘Admin Setup’ followed by ‘WiFi Setup’.

Note - Password : 1100

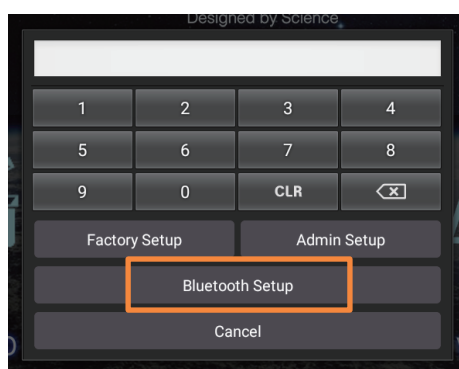


3. Select your preferred Wi-Fi network from the list of available networks.
4. Enter the networks password when prompted.
5. Press the ‘cancel’ button to exit.



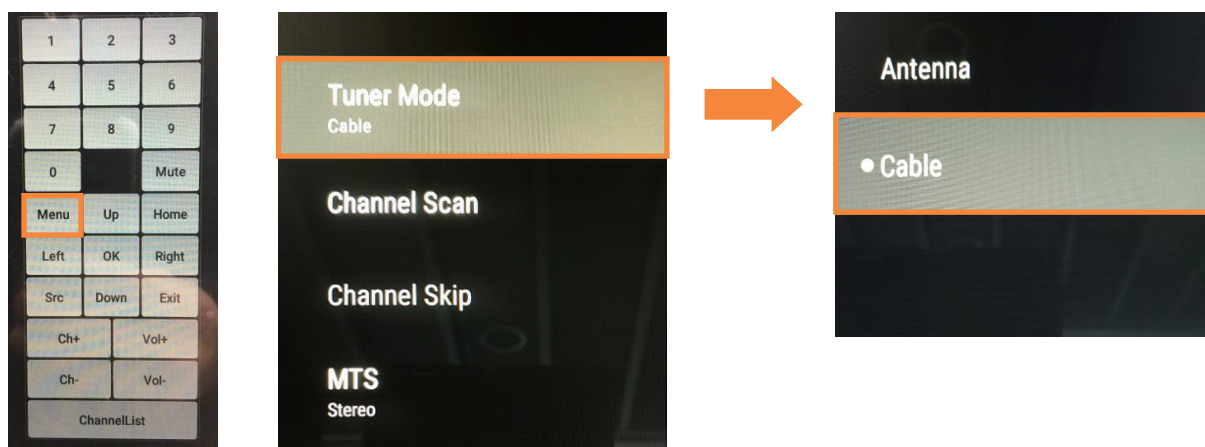
BLUETOOTH SETUP _

1. Press 'Setup' button located in the bottom right hand corner of the main screen.
2. Press 'Bluetooth Setup' and choose from the list of available devices.



TV SETUP _

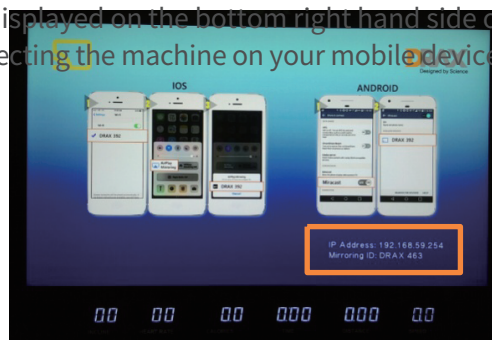
1. Press 'Setup' button located in the bottom right hand corner of the main screen.
2. Press 'Admin Setup' followed by 'TV Setup'.
- NOTE - Password : 1100
3. Press 'Menu' located within the pop-up key pad on the right hand side of the main screen.
4. Press 'Up/Down' buttons to highlight the desired menu then use the 'OK' button to select the desired menu.
5. Select 'Tuner Mode' and then choose between 'Antenna' or 'Cable' based on which system is available to you.



6. Select 'Channel Scan' and press 'OK'.
7. Once the channel scan is finished press the 'cancel' button to exit.

MIRRORING SETUP _

1. Enter the screen mirroring menu by pressing the 'Mirroring' hard button located on the keypad below the screen, or alternatively, press the 'mirroring' button located on the main touch screen.
2. Note the machines mirroring ID number which will be displayed on the bottom right hand side of the main screen. You will need this ID number when selecting the machine on your mobile device.



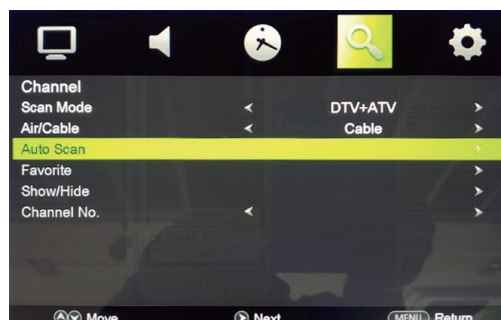
3. Once you have accessed screen mirroring on your mobile device, select the machine ID that corresponds to the machine you are using (ie. DRAX 463 shown in the above picture).
4. Once mirroring is connected your mobile device screen will appear on the machines main screen.
Note : you can't operate your mobile device from the machine. The machine will only display what is on your mobile device screen.

TV SETUP (TV Model) _

1. Press 'MENU' button for more 2 seconds and the menu mode appears.



2. ▲, ▼, ◀, ▶ Use this button to move the 'Channel Setup' mode and select 'Auto Scan'.
3. When the channel scan is completed, press the 'CANCEL' button to end the setting.



5 SPECIFICATION

RECUMBENT BIKE _

Specification	DA6R(DX6RA)	DX6R	DX3R
Intensity Level	25 steps	25 steps	8 steps
Control method	Premises generator system	Premises generator system	Magnetic control type by manual
Driving system	V-belt application	V-belt application	V-belt application
Product size	1677 x 590 x 1395 mm (66" x 23.2" x 54.9") L x W x H	1677 x 590 x 1395 mm (66" x 23.2" x 54.9") L x W x H	1677 x 590 x 1395 mm (66" x 23.2" x 54.9") L x W x H
Product W.T.	72 kg (160 lbs)	72 kg (160 lbs)	72 kg (160 lbs)
Max. allowable W.T.	150 kg (330 lbs)	150 kg (330 lbs)	150 kg (330 lbs)
Saddle type	Mold-Type Saddle	Mold-Type Saddle	Mold-Type Saddle
Saddle	Sliding rack structure	Sliding rack structure	Sliding rack structure
TV	Digital TV supported	Digital TV supported	Digital TV supported
Mirroring	Smart Phone Mirroring Supported (Android, i-OS)	Smart Phone Mirroring Supported (Android, i-OS)	Smart Phone Mirroring Supported (Android, i-OS)
Display	Touch Screen System with Android OS 6 FND Calorie, Heart-Rate, Time, RPM, Exercise intensity level	6 FND Calorie, Heart-Rate, Time, RPM, Exercise intensity level	6 FND Calorie, Heart-Rate, Time, RPM, Exercise intensity level
Exercise Program	Time/Distance/Calorie (target exercise)	Time/Distance/Calorie (target exercise)	Time/Distance/Calorie (target exercise)
Heart-Rate	Intelligent Heart-Rate System	Intelligent Heart-Rate System	Intelligent Heart-Rate System
Durability	High strength steel materials	High strength steel materials	High strength steel materials
	Painting: corrosion-resistant coating(black)	Painting: corrosion-resistant coating(black)	Painting: corrosion-resistant coating(black)
	Double auto-tension system	Double auto-tension system	Double auto-tension system
Usability	Wheel for easy delivery, horizontal positioning control Supported	Wheel for easy delivery, horizontal positioning control Supported	Wheel for easy delivery, horizontal positioning control Supported
	Cup holder, mobile storage box, book hanger Supported	Cup holder, mobile storage box, book hanger Supported	Cup holder, mobile storage box, book hanger Supported
Power	Self generation of electricity (12V 5A Power for 15.6" display)	Self generation of electricity (12V 5A Power for 15.6" display)	Self generation of electricity (12V 5A Power for 15.6" display)
Options	Polar Heart Rate Receiver	Polar Heart Rate Receiver	Polar Heart Rate Receiver
Product Picture			

UPRIGHT BIKE _

Specification	DA6U(DX6UA)	DX6U	DX3U
Intensity Level	25 steps	25 steps	8 steps
Control method	Premises generator system	Premises generator system	Magnetic control type by manual
Driving system	V-belt application	V-belt application	V-belt application
Product size	1132 x 639 x 1521 mm (44.6" x 25.2" x 59.9") L x W x H	1132 x 639 x 1521 mm (44.6" x 25.2" x 59.9") L x W x H	1132 x 639 x 1521 mm (44.6" x 25.2" x 59.9") L x W x H
Product W.T.	61 kg (135 lbs)	61 kg (135 lbs)	61 kg (135 lbs)
Max. allowable W.T.	150 kg (330 lbs)	150 kg (330 lbs)	150 kg (330 lbs)
Saddle type	Mold-Type Saddle	Mold-Type Saddle	Mold-Type Saddle
Saddle	Sliding rack structure	Sliding rack structure	Sliding rack structure
TV	Digital TV supported	Digital TV supported	Digital TV supported
Mirroring	Smart Phone Mirroring Supported (Android, i-OS)	Smart Phone Mirroring Supported (Android, i-OS)	Smart Phone Mirroring Supported (Android, i-OS)
Display	Touch Screen System with Android OS 6 FND Calorie, Heart-Rate, Time, RPM, Exercise intensity level	6 FND Calorie, Heart-Rate, Time, RPM, Exercise intensity level	6 FND Calorie, Heart-Rate, Time, RPM, Exercise intensity level
Exercise Program	Time/Distance/Calorie (target exercise)	Time/Distance/Calorie (target exercise)	Time/Distance/Calorie (target exercise)
Heart-Rate	Intelligent Heart-Rate System	Intelligent Heart-Rate System	Intelligent Heart-Rate System
Durability	High strength steel materials	High strength steel materials	High strength steel materials
	Painting: corrosion-resistant coating(black)	Painting: corrosion-resistant coating(black)	Painting: corrosion-resistant coating(black)
	Double auto-tension system	Double auto-tension system	Double auto-tension system
Usability	Wheel for easy delivery, horizontal positioning control Supported	Wheel for easy delivery, horizontal positioning control Supported	Wheel for easy delivery, horizontal positioning control Supported
	Cup holder, mobile storage box, book hanger Supported	Cup holder, mobile storage box, book hanger Supported	Cup holder, mobile storage box, book hanger Supported
Power	Self generation of electricity (12V 5A Power for 15.6" display)	Self generation of electricity (12V 5A Power for 15.6" display)	Self generation of electricity (12V 5A Power for 15.6" display)
Options	Polar Heart Rate Receiver	Polar Heart Rate Receiver	Polar Heart Rate Receiver
Product Picture			

6 MAINTENANCE

TROUBLE SHOOTING _

- **Machine has no power**

- Check the power supply by plugging another device into the power point.
- Check the power switch on the machine.
- Check the power cord is connected properly at both ends.
- Remove the power cord from the power supply and inspect it for damage.
- If the problem continues contact DRAX INC. Customer Support Center.



Notice

Always only use the grounding type power cord that is supplied with the exercise equipment.
Please Contact DRAX INC. Customer Support Center for assistance.

- **Rubbing or scraping sound coming from the machine**

- Check for any foreign objects that might be lodged underneath the machine.
- Check the pedal (foot plate) for foreign objects.

- **Heart rate contact pulse plates not responding**

- Ensure that the heart rate contact pulse plates are clean.
- Ensure good contact with the palm of both hands.

MAINTENANCE _

- **Cleaning the unit**

- Spray a clean cloth with a mild cleaning agent, such as a water and dish soap solution and wipe the unit with the damp cloth.
- Do not spray cleaning solution directly on the unit. Direct spraying could cause damage to electronics and may void warranty.
- Do not use harsh cleaning products that contain ammonia or acids.
- Keep the area around the unit clean and free from dust.

- **Inspect the unit**

- Visually inspect the unit for and damage or loose bolts.

- **Test the unit**

- Test all of the units functions and adjustments and listen for any abnormal noises.

- **Prevention for defect of heart rate (pulse) detector**

If the heart rate (pulse) is irregular or abnormal, then do the following.

- Use the sensor so that it can be touched by the hand.
- Clean the exterior of the sensor by using a moist cloth.
- If necessary, dry your hands so that your hands do not slip.
- Apply a constant pressure to the sensor.



Notice

Always disconnect power supply when servicing/cleaning or during extended periods of non-operation of this exercise equipment.
Do not attempt to disassemble this exercise equipment.
Only use authorized service providers to service this equipment.
Do not operate this exercise equipment if damaged or if any abnormal noises are heard.
Please Contact DRAX INC. Customer Support Center for assistance.



Notice

Please use a soft, light cloth when you clean the exterior of product. Rather than cleaning the product directly, clean it by using a vacuum cleaner after using a cloth.

• Product Management Schedule

Please follow the below schedule for maintenance.

Component	Weekly	Monthly	Twice a Year	Yearly
Frame	Clean		Inspect	
Display	Clean		Inspect	
Switch	Clean	Inspect		
USB, Audio port	Inspect		Inspect	
Cup holder	Clean			Inspect
Pedal(Foot plate)	Clean	Inspect		
Plastic Cover	Clean		Inspect	
Accessory Cover	Clean		Inspect	
Common				
Machine horizontal	*Inspect			
Bolts / Nuts			Inspect	

* Use horizontal indicator to check.

7 LIMITED WARRANTY

Product Name	NEW EXERCISE BIKE
Model Name	
Serial No.	
Warranty Period	
Purchase Date	

1. DRAX warrants this product to be free from defects in workmanship and material, under normal use and service for a period of one year from the date of purchase (Running Belt and Motor Belt for six months from the date of purchase). This warranty extends only to the original purchaser. DRAX obligation under this warranty is limited to replacing or repairing, at DRAX option, the product at one of its authorized service centers. All products for which warranty claim is made must be received by DRAX at one of its authorized service centers with all freight and other transportation charges prepaid, accompanied by sufficient proof of purchase. All returns must be pre-authorized by DRAX. This warranty does not extend to any product or damage to a product caused by or attributable to DRAX authorized service center, to products used for specifically set forth above is authorized by DRAX.
2. DRAX is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyment or use, costs of removal, installation or other consequential damages of whatsoever nature.
3. The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein.

V1.2U

NEW EXERCISE
BIKE SERIES



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